

## Valpotime CR 200

### Sodium Valproate I.P. 133mg + Valproic Acid I.P. 58mg (C.R.) Tablet

#### Composition:

Each controlled-release (C.R.) tablet contains:

- **Sodium Valproate I.P.** – 133 mg
- **Valproic Acid I.P.** – 58 mg

#### Pharmacological Class:

- **Antiepileptic / Anticonvulsant**
- **Mood Stabilizer**

#### Indications:

This combination is used for the treatment of:

- **Epilepsy** (Generalized, Absence, Myoclonic, and Partial Seizures)
- **Bipolar Disorder** (Acute mania and long-term mood stabilization)
- **Migraine Prophylaxis**

#### Mechanism of Action:

Sodium Valproate and Valproic Acid increase the levels of **gamma-aminobutyric acid (GABA)** in the brain, leading to reduced nerve excitability and prevention of seizures and mood instability. The **controlled-release (C.R.) formulation** ensures **steady drug levels** in the blood for longer duration, reducing dosage frequency and minimizing side effects.

#### Dosage & Administration:

- **As prescribed by the physician**, depending on the patient's condition and response.
- Typically taken **once or twice daily, with food** to minimize gastrointestinal discomfort.
- **Swallow whole; do not crush or chew**, as it is a controlled-release formulation.

#### Contraindications:

- Hypersensitivity to valproate or any excipients.
- Severe liver disease or active hepatic dysfunction.
- Mitochondrial disorders (e.g., Alpers-Huttenlocher syndrome).
- Pregnancy (unless absolutely necessary, due to high teratogenic risk).

#### Warnings & Precautions:

- **Liver Function Monitoring:** Regular liver function tests are recommended, especially in the first **6 months** of treatment.
- **Pregnancy Risks:** Can cause **serious birth defects**; avoid use in pregnancy unless no alternative exists.
- **Pancreatitis Risk:** Report severe abdominal pain, nausea, or vomiting immediately.
- **Neuropsychiatric Effects:** Can cause sedation, dizziness, confusion, and behavioral changes.

#### Side Effects:

Common:

- Nausea, vomiting, diarrhea
- Drowsiness, dizziness
- Weight gain
- Temporary hair thinning

Serious:

- **Hepatotoxicity** (liver damage)
- **Pancreatitis**
- **Low platelet count (thrombocytopenia)**
- **Mood or behavioral changes, suicidal thoughts**

#### Drug Interactions:

- **Increased sedation** with alcohol, benzodiazepines, and other CNS depressants.
- **Interaction with other antiepileptic drugs** (e.g., phenytoin, carbamazepine).
- **May alter the effects of anticoagulants** (e.g., warfarin).

*Storage Instructions:*

- Store at **room temperature (below 30°C)**, protected from moisture.
- Keep out of reach of children.

*Conclusion:*

Sodium Valproate + Valproic Acid (C.R.) Tablet is an effective and well-tolerated **controlled-release** medication for epilepsy, bipolar disorder, and migraine prevention. Due to potential side effects, it should be used under **strict medical supervision with regular monitoring**.

**Disclaimer:**

This medication should be used under medical supervision. Consult your healthcare provider for appropriate use, especially if symptoms persist or worsen.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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